

# 中國香港壁球總會

第二十六屆教練研討會、教練週年聚餐 2025

暨優秀教練選舉 2024

## ● 中國香港壁球總會教練研討會

日期 & 時間 30 / 3 / 2025 (日) 下午一時至下午六時

地點 地下壁球場 - 歌和老街壁球及乒乓球中心

講者 張翹彥先生 - 註冊物理治療師、美國國家肌力與體能協會認可體適能訓練專家及一級壁球教練

\*香港體育學院 - 壁球總教練鄭培德先生及其團隊教練

蘇福志先生 - 世界壁球協會 WSO 第四級裁判

語言 廣東話 / \*英語

費用 全免

出席並完成當日研討會的本年度 2024/25 註冊教練均可獲贈紀念品 Tee 乙件

## ● 教練週年聚餐

日期 & 時間 30 / 3 / 2025 (日) 下午六時三十分至下午九時三十分

地點 巴希雅海灣重慶燒烤 - 大埔汀角路龍尾村 103A 號地舖

內容 燒烤(闔府統請)、豐富遊戲等等

費用 教練每位\$220 / 嘉賓每位\$240 / 小童 (6 歲以下)每位\$150

教練凡於當日參加教練研討會，均可乘搭免費穿梭巴士到教練週年聚餐地點

## ● 香港壁球總會優秀教練選舉 2024

得獎名單將於教練週年聚餐中公佈

報名方法：請填妥報名表格並連同劃線支票(抬頭 "中國香港壁球總會") 寄回香港紅棉路 23 號香港壁球中心地下 中國香港壁球總會辦事處收

**截止日期 : 1/3/2025 (星期六)**

**查詢電話 : 2699 6384**

## 報名表格

姓名	(中文)	(英文)
聯絡電話	(手提電話)	中國香港壁球總會會員號碼：
電郵地址		
教練資格	<input type="checkbox"/> 第一級	<input type="checkbox"/> 第二級 <input type="checkbox"/> 第三級
T 恤尺碼	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	
你會否參加教練研討會?	<input type="checkbox"/> 會 <input type="checkbox"/> 不會	
你會否參加教練週年聚餐?	<input type="checkbox"/> 會 <input type="checkbox"/> 不會	
若會參加聚餐, 出席人數 ?	教練 (包括你本人)	[ ]
	嘉賓	[ ]
	小童	[ ]

此活動由賽馬會教練培訓計劃資助

This event is funded by Jockey Club Coach Education Programme

# SQUASH ASSOCIATION OF HONG KONG, CHINA

26<sup>TH</sup> COACHING SEMINAR, COACHES ANNUAL DINNER 2025

CUM COACHING AWARDS 2024

## ● Hong Kong Squash Coaching Seminar

**Date & Time** 30 March 2025 (Sun) 1:00pm – 6:00pm

**Venue** G/F Squash Court, Cornwall Street Squash and Table Tennis Centre

**Lecturer** Mr. Jason Cheung, Registered physiotherapist, Certified Strength & Conditioning Specialist (NSCA), Level 1 Squash Coach

\*Mr. Peter Genever, Head Squash Coach, & his coaching team Hong Kong Sports Institute Limited

Mr. Anthony So - WSO Level 4 Referee from Hong Kong, China

**Language** Cantonese / \*English

**Fee** Free of Charge

2024/25 registered coach who has completed the WHOLE seminar can get a Souvenir Tee for free

## ● Coaches Annual Dinner

**Date & Time** 30 March 2025 (Sun) 6:30pm – 9:30pm

**Venue** Bahia Restaurant Chung King BBQ - G/F, 103A Lung Mei Village, Ting Kok Road, Tai Po

**Content** Barbecue (families are welcomed), Fun Games, etc.

**Fee** Coach \$220 each / Guest \$240 each / Child (aged under 6) \$150 each

**Transport** We offer free shuttle bus to coaches who join the Coaching Seminar

## ● Hong Kong Squash Coaching Awards 2024

The list of award recipients will be announced at the coaches Annual Dinner

Enrollment: Please complete the following form and send it with a cheque of the appropriate amount (payable to "Squash Association of Hong Kong, China") to the Squash Association of Hong Kong China Office, G/F, HK Squash Centre, 23 Cotton Tree Drive, Hong Kong.

**Deadline of Enrollment: 1 March 2024 (Saturday)**

**Enquiries: 2699 6384**

## ENROLLMENT FORM

<b>NAME</b>	<b>(CHINESE)</b>	<b>(ENGLISH)</b>			
<b>CONTACT NO.</b>	<b>(MOBILE)</b>	<b>SAHKC MEMBERSHIP NO. :</b>			
<b>EMAIL</b>					
<b>COACHING QUALIFICATION ATTAINED</b>	<input type="checkbox"/> Level one	<input type="checkbox"/> Level Two	<input type="checkbox"/> Level Three		
<b>T SHIRTS SIZE</b>	<input type="checkbox"/> XS	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL
Would you be interested to attend <b>HK Squash Coaching Seminar?</b>	<input type="checkbox"/> YES!	<input type="checkbox"/> Next time			
Would you be interested to attend <b>Coaches Annual Dinner?</b>	<input type="checkbox"/> YES!	<input type="checkbox"/> Next time			
If you would like to attend the Coaches Annual Dinner, please indicate the <b>no. of people</b> in your group	Coaches (Including yourself)	[ ]			
	Guest	[ ]			
	Child	[ ]			

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