

中國香港壁球總會

第二十五屆教練研討會、教練週年聚餐 2024

暨優秀教練選舉 2023

● 中國香港壁球總會教練研討會

日期 & 時間 24 / 3 / 2024 (日) 下午一時至下午六時

地點 表演場 – 香港壁球中心

講者 *Mr. Phill Head – 香港木球會壁球教練

蘇福志先生- 世界壁球協會 WSO 裁判

張翹彥先生 - 註冊物理治療師、美國國家肌力與體能協會認可體適能訓練專家及一級壁球教練

語言 廣東話 / *英語

費用 全免

出席並完成當日研討會的本年度 2023/24 註冊教練均可獲贈紀念品 Tee 乙件

● 教練週年聚餐

日期 & 時間 24 / 3 / 2024 (日) 下午六時三十分至下午九時三十分

地點 金灣漁港火鍋 - 謝斐道 82 號恆信大廈 1 樓

內容 中式晚宴(闔府統請)、豐富遊戲等等

費用 教練每位\$200 / 嘉賓每位\$220 / 小童 (6 歲以下)每位\$130

● 香港壁球總會優秀教練選舉 2023

得獎名單將於教練週年聚餐中公佈

報名方法：請填妥報名表格並連同劃線支票(抬頭 "中國香港壁球總會") 寄回香港紅棉路 23 號香港壁球中心地下 中國香港壁球總會辦事處收

截止日期：1/3/2024 (星期五)

查詢電話：2699 6384

報名表格

姓名	(中文)	(英文)
聯絡電話	(手提電話)	中國香港壁球總會會員號碼：
電郵地址		
教練資格	<input type="checkbox"/> 第一級	<input type="checkbox"/> 第二級 <input type="checkbox"/> 第三級
T 恤尺碼	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	
你會否參加教練研討會?	<input type="checkbox"/> 會 <input type="checkbox"/> 不會	
你會否參加教練週年聚餐?	<input type="checkbox"/> 會 <input type="checkbox"/> 不會	
若會參加聚餐, 出席人數 ?	教練 (包括你本人)	[]
	嘉賓	[]
	小童	[]

此活動由賽馬會教練培訓計劃資助

This event is funded by Jockey Club Coach Education Programme

SQUASH ASSOCIATION OF HONG KONG, CHINA

25TH COACHING SEMINAR, COACHES ANNUAL DINNER 2024 CUM COACHING AWARDS 2023

● Hong Kong Squash Coaching Seminar

Date & Time 24 March 2024 (Sun) 1:00pm – 6:00pm

Venue Exhibition Court, Hong Kong Squash Court

Lecturer *Mr. Phill Head – Hong Kong Cricket Club Squash Coach
Mr. Anthony So - WSO referee from Hong Kong, China
Mr. Jason Cheung, Registered physiotherapist, Certified Strength & Conditioning Specialist (NSCA), Level 1 Squash Coach

Language Cantonese / *English

Fee Free of Charge

2023/24 registered coach who has completed the WHOLE seminar can get a Souvenir Tee for free

● Coaches Annual Dinner

Date & Time 24 March 2024 (Sun) 6:30pm – 9:30pm

Venue Gold Coast Seafood Restaurant, 1/F Hang Shun Building, 82 Jaffe Road

Content Chinese banquet Dinner (families are welcomed), Fun Games, etc.

Fee Coach \$200 each / Guest \$220 each / Child (aged under 6) \$130 each

● Hong Kong Squash Coaching Awards 2023

The list of award recipients will be announced at the coaches Annual Dinner

Enrollment: Please complete the following form and send it with a cheque of the appropriate amount (payable to "Squash Association of Hong Kong, China") to the Squash Association of Hong Kong China Office, G/F, HK Squash Centre, 23 Cotton Tree Drive, Hong Kong.

Deadline of Enrollment: 1 March 2024 (Friday)

Enquiries: 2699 6384

ENROLLMENT FORM

NAME	(CHINESE)	(ENGLISH)			
CONTACT NO.	(MOBILE)	SAHKC MEMBERSHIP NO. :			
EMAIL					
COACHING QUALIFICATION ATTAINED	<input type="checkbox"/> Level one	<input type="checkbox"/> Level Two	<input type="checkbox"/> Level Three		
T SHIRTS SIZE	<input type="checkbox"/> XS	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL
Would you be interested to attend HK Squash Coaching Seminar?	<input type="checkbox"/> YES!	<input type="checkbox"/> Next time			
Would you be interested to attend Coaches Annual Dinner?	<input type="checkbox"/> YES!	<input type="checkbox"/> Next time			
If you would like to attend the Coaches Annual Dinner, please indicate the no. of people in your group	Coaches (Including yourself)	[]			
	Guest	[]			
	Child	[]			

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